

# JANUARY

BROOKLETTS PLACE  
TALBOT SENIOR CENTER  
400 BROOKLETTS AVENUE \* EASTON, MD  
410-822-2869

JANUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>CLOSED</b></p> <p><b>HAPPY NEW YEAR! 2017</b></p>	<p><b>3</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 12:00 Lunch 12:30 Pinochle 1:30 AARP Meeting</p>	<p><b>4</b></p> <p>9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn &amp; Needle Group 10:00 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch</p>	<p><b>5</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS</p>	<p><b>6</b></p> <p>8:30 Zumba Gold 9:00 Coffee Hour 10:00 Mahjong 11:30 Toastmaster's 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class</p>
<p><b>9</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong 5:30 Diabetic Support Group</p>	<p><b>10</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 <b>Free Craft w/First Baptist</b> 10:00 Contract Bridge 12:00 Lunch 12:30 Pinochle</p>	<p><b>11</b></p> <p>8:30 Comm. On Aging 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn &amp; Needle Group 10:00 Blood Pressure Screening 11:00 Duplicate Bridge 12:00 Lunch 1:00 Wii Bowling @ Parkview</p>	<p><b>12</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 <b>Edward Jones w/Tom Duncan Presents: "Outsmart the Scammers"</b> 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch w/<b>Gene Edwards Review</b> 5:00 TOPS</p>	<p><b>13</b></p> <p>8:30 Zumba Gold 9:00 Coffee Hour 10:00 Mahjong 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class</p>
<p><b>16</b></p> <p><b>CLOSED</b></p> <p>MARTIN LUTHER KING JR. <i>Day</i></p> 	<p><b>17</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 12:00 Lunch w/ <b>SPARKY AND RHONDA RUCKER</b> 12:30 Pinochle</p>	<p><b>18</b></p> <p>9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn &amp; Needle Group 10:00 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch</p>	<p><b>19</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Grocery Bingo 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS</p>	<p><b>20</b></p> <p>8:30 Zumba Gold 9:00 Coffee Hour 10:00 Mahjong 11:30 Toastmaster's 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class</p>
<p><b>23</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong</p>	<p><b>24</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 10:30 <b>Flowers for the Tables w/Diana</b> 12:00 Lunch 12:30 Pinochle</p>	<p><b>25</b></p> <p>9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn &amp; Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 <b>Positive Music w/DJ Randy P</b> 11:00 Duplicate Bridge 12:00 Lunch</p>	<p><b>26</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:00 <b>Elder Law Clinic</b> 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch/<b>University of MD Health Advantage</b> 5:00 TOPS</p>	<p><b>27</b></p> <p>8:30 Zumba Gold 9:00 Coffee Hour 10:00 Mahjong 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class</p>
<p><b>30</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong</p>	<p><b>31</b></p> <p>8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 12:00 <b>Lunch/Music Celebration w/Shelley Abbott</b> 12:30 Pinochle</p>	<p><b>NATIONAL WALK YOUR PET MONTH</b></p>  <p><b>NATIONAL SOUP MONTH</b></p> 	<p><b>Calendar of Events on the WEB:</b> <a href="http://www.talbotcountymd.gov">www.talbotcountymd.gov</a> Community/Other Local Agencies/Senior Center &amp; as a link on the Town of Easton's website <a href="http://www.town-eastonmd.com">www.town-eastonmd.com</a> Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: <a href="http://www.easternshoresenior.com/content/talbotseniorcentercalendar">http://www.easternshoresenior.com/content/talbotseniorcentercalendar</a></p>	<p><b>VISIT US ON OUR WEBSITE:</b></p> <p><a href="http://www.brooklettsplace.org">www.brooklettsplace.org</a></p> <p><b>VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER</b></p>

# BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER – JANUARY 2017

Visit our Facebook Page: [Brookletts Place – Talbot County Senior Center](#)

## OUTINGS & EVENTS:

**Thurs., Jan. 12 – (12:00 p.m. – 1:00 p.m.)** *Lunch/Music with Gene Edwards Review* digital keyboard and vocal music, featuring a full array of amazing hits. **Advance sign up for lunch is required** or you may bring your own lunch.

**Tues., Jan. 17 - (12:15 p.m. - 1:00 p.m.)** *SPARKY AND RHONDA RUCKER Let Freedom Ring: Honoring Dr. Martin Luther King, Jr. The movements for justice have produced some of our most inspiring songs and stories. Join Sparky and Rhonda Rucker as they trace the nation's struggles from slavery and the Underground Railroad through the battles for women's suffrage and workers' rights into the civil rights movement. Advance sign-up for lunch required by January 3* or you may bring your own. *This concert is made possible by the generous support of the Talbot County Arts Council, the Maryland State Arts Council, the Mid-Shore Community Foundation (MSCF), Dock Street Foundation, Brookletts Place, and by individual contributions to the Carpe Diem Arts Outreach Fund c/o MSCF.*

**Thurs., Jan. 26 – (12:00 p.m. – 1:00 p.m.)** Lunch w/*University of MD Health Advantage* will be conducting a quick presentation on Medicare for Seniors. **Advance sign up for lunch is required by January 12th** or you may bring your own lunch.

**Tues., Jan.31 – (12:00 p.m. – 1:00 p.m.)** Lunch/*Musical Celebration with Shelley Abbott.* **Advance sign-up for lunch required by January 17** or you may bring your own.

**UPCOMING TRIPS:** All trips are open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips.

For a complete list of 2017 Trips, please visit our website [www.brooklettsplace.org](http://www.brooklettsplace.org) or stop by the senior center and pick up a copy of our 2017 Travel Log.

**March 3, 2017** *Horseshoe Casino, Baltimore, MD* \$35.00 per person (includes bus transportation and all gratuities) The bus will leave Kohl's parking lot 9:30 a.m. with arrival at the casino at 11:00 a.m. We will depart from the Casino at 4:30 with anticipated arrival in Easton 6:00 p.m. Bonus Package, if available, to be announced at a later date.

**PAYMENT IN FULL IS DUE BY FEBRUARY 3, 2017**

**April 6, 2017** *Cherry Blossom Lunch Cruise, Washington, DC* \$100.00 per person Celebrate the history and beauty of DC's cherry blossoms with a cruise along the Potomac. Price includes bus transportation, cruise aboard Spirit Cruises, Lunch Buffet with complimentary coffee, tea and ice tea, DJ entertainment and all gratuities. The bus will leave Kohl's parking lot 9:00 a.m. with anticipated return to Easton by 4:30 p.m. **PAYMENT IN FULL IS DUE BY FEBRUARY 3, 2017**

**May 16, 2017** *Shorebirds Game, Salisbury, MD* \$35.00 per person includes bus transportation, admission to the game with food voucher for hot dog, chips and drink. The bus will leave the Senior Center 8:30am to arrive at Perdue Stadium for a 10:30 a.m. game against the Greenville Drive. Throughout this offseason, Perdue Stadium will receive significant upgrades to all stadium seating. All seats in the ballpark (including the general admission bleachers) will be replaced with brand new reserved seats, ergonomically designed to maximize comfort. **PAYMENT IN FULL IS DUE BY APRIL 11, 2017**

**May 25, 2017** *Cape May, NJ* \$155.00 per person includes bus transportation, round trip ride on the Cape May – Lewes Ferry, Lunch at the Washington Inn, Tour of the Physick Estate, including the Carriage House Exhibit, Trolley tour of Cape May's Historic District, Shopping at Washington Street Mall, all taxes and gratuities and souvenir gift. **\$75.00 DEPOSIT IS DUE MARCH 3, 2017 WITH FINAL PAYMENT DUE BY APRIL 4, 2017**

**June 18-23, 2017** *Cape Cod, MA* 6 days/5 nights bus trip, \$800 per person double occupancy/\$995.00 single occupancy. Package includes 4 nights lodging in Cape Cod, 1 night's lodging at Great Cedar Resort, including \$15 Food Bonus and \$10 Slot Bonus at Foxwood Casino, 4 Breakfasts, 3 Dinners, Evening of entertainment, Fully escorted tours of Provincetown, Chatham, Plymouth & Plymouth Rock, Historic Sandwich, Hyannis area including Kennedy Memorial & Main Street. Also, High-speed ferry to Martha's Vineyard w/touring, Cape Cod Canal Visitor's Center, Hyannis Harbor Cruise with view of Kennedy Compound. All taxes and gratuities are included. **\$200.00 DEPOSIT IS DUE FEBRUARY 24, 2017 WITH FINAL PAYMENT DUE BY APRIL 14, 2017.**

**August 18, 2017** *Sands Casino, Bethlehem, PA* \$55.00 per person (includes bus transportation and all gratuities) The bus will leave Kohl's parking lot 7:00 a.m. with arrival at the casino at 10:00 a.m. We will depart from the Casino at 4:00 with anticipated arrival in Easton 7:00 p.m. (All times for departure are subject to change) Bonus Package to be announced at a later date. **PAYMENT IN FULL IS DUE BY JUNE 16, 2017**

**September 21, 2017** *Hooper's Island/Smith Island Cruise* \$100.00 per person (includes bus transportation and all gratuities) "Come To The Islands!" Meet your tour guide in Cambridge, MD and travel to Hoopers Island. Hop aboard the "Sawyer" and take a cruise to Smith Island. Enjoy a family-style meal at the Bayside Inn Restaurant featuring crab balls (two per person), clam fritters, ham, corn pudding, macaroni salad, cole slaw and vegetables. After lunch, take a walk around the island and enjoy the scenery! Enjoy the return ride back to Hoopers Island. **PAYMENT IN FULL DUE BY JULY 21, 2017.**

**November 3, 2017** *National Harbor MGM Casino, Washington, DC* \$35.00 per person (includes bus transportation and all gratuities) The bus will leave Kohl's parking lot 9:00 a.m. with arrival at the casino at 11:00 a.m. We will depart from the Casino at 4:00 with anticipated arrival in Easton 6:00 p.m. (All times for departure are subject to change) Bonus Package to be announced at a later date. **PAYMENT IN FULL IS DUE BY SEPTEMBER 8, 2017**

**December 6-7, 2017** *Christmas in NYC, NY* 2 Days/1 Night Bus trip \$350.00 per person double occupancy \$475.00 single occupancy. Package includes: 1 Night's lodging, 1 Breakfast, Radio City Music Hall Christmas Spectacular featuring the Rockettes, Guided Tour of Lower Manhattan, Rockefeller Center, Fifth Avenue Shopping, Macy's Herald Square, Luggage handling. All taxes and gratuities are included. **\$150.00 DEPOSIT IS DUE AUGUST 18, 2017 WITH FINAL PAYMENT DUE BY OCTOBER 6, 2017**

**August 31- September 8, 2017** *Alaska Cruise* 9 days/8 nights aboard Celebrity Cruises "Celebrity Solstice" Roundtrip airfare from BWI, includes 1 pre-night stay in downtown Seattle w/city tour. Inside Cabin Category 10 - \$2,583 double, \$2,526 triple \$2,498 quad & \$3,879 single or Inside Cabin Category 9 \$2,706 double \$4,062 single or Outside Cabin Category 8 - \$3,126 or Balcony Cabin Category 2B or 1A- \$3296 double \$3240 triple \$3213 quad \$5242 single or Balcony Cabin Category 1B - \$3276 double \$3,227 triple \$3,203 quad \$5,202 single or Balcony Cabin Category C3 - \$3,426 double \$3,327 triple \$3,278 quad \$5,502 single or Balcony Cabin Category C2 - \$3,446 double \$3,340 triple \$3,288 quad \$5,542 single or Balcony Cabin Category A2 - \$3,526 double \$3,394 triple \$3,328 quad \$5,702 single Rates include roundtrip transportation to/from airport, roundtrip airfare, port charges, one way transfer, taxes and government fees. CELEBRITY CRUISES HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is due ASAP in order to secure reservations and assign cabins. **Final balance is due by June 3, 2017.** Those who book early get the best prices and the best cabin locations. **PASSPORT REQUIRED**

**March 15-24, 2018** *Southeast Coast & Bahamas Cruise* 10 days/9nights aboard the *Royal Caribbean "Grandeur of the Seas"* leaving from Baltimore with stops in Charleston, SC, Orlando (Port Canaveral), FL, Miami, FL, Nassau, Bahamas & CocoCay, Bahamas. Inside Cabin Category N- \$1,168 double \$1,997 single or Inside Cabin Category M - \$1,376 double \$1,171 triple \$1,069 quad \$2,413 single or Outside Cabin Category I - \$1,253 double \$2,167 single or Outside Cabin Category F - \$1,529 double \$1,273 triple \$1,146 quad \$2,719 single or Balcony Cabin Category D2 - \$1,733 double \$3,127 single or Balcony Cabin Category D1 - \$2,330 double \$1,924 triple \$1,721 quad \$4,321 single. Rates are per person and include cruise, port charges, roundtrip transportation to/from airport and government fees. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required by **March 1, 2017** in order to secure reservations and assign cabins. **Final balance is due by November 15, 2017.** Those who book early get the best prices, the best cabin locations and their preferred dining times. **PASSPORT REQUIRED**

**FREE PROGRAMS:** **Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!**

- **Tues., January 10 - (10:00 a.m. – 11:00 a.m.)** Free "Winter Penguin Glitter Mosaic" Craft - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, & Judith Grobler. Limited to 20 participants – Advance sign-up is required.
- **Thurs., January 12 (10:30 a.m.- 11:30 a.m.)** *Edward Jones Seminar* facilitated by Tom Duncan/financial advisor: **"Outsmart the Scammers"**. Join us for this presentation and learn important strategies to help protect you and the ones you love. We'll share: • How to spot certain red flags that may indicate a fraudulent encounter • Resources you can turn to in the event you or a loved one are targeted • Steps you can take now to help protect yourself and your loved ones. **ADVANCE REGISTRATION IS REQUIRED AS SPACE IS LIMITED.**
- **Wed., January 25 – (10:30 a.m. – 11:30 a.m.)** *"Positive Music w/DJ Randy P"* Reduce your weekly stress by enjoying a fun, safe, and positive musical experience in a motivation environment.
- **Thurs., January 26 - (10:00 a.m. – 1:00 p.m.)** *Elder Law Clinic* Attorneys will be present **(by appointment only)** to discuss legal issues pertaining to seniors to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Mid-Shore Pro-Bono at 410-690-8128 for an appointment or additional information.

**SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES**

- **Tues., Jan. 24 – (10:00 a.m. – 11:00 a.m.)** *"Flowers for the Table"* Learn simple flower arrangements with Diana. **\$10.00 fee PAYMENT DUE IN ADVANCE Advance sign up is required - limited space. PLEASE NO WALK-INS.**
- **Advanced Beginners Watercolor Class – Every Monday (10:00 a.m. – 12:00 p.m.)** \$60.00 per 6 week session. Diana Evans, Instructor
- **Gentle Yoga with Cyndi Prudhomme - Every Wed. (9:00 a.m. – 10:00 a.m.)** \$8.00 per class drop-in fee
- **Intermediate Watercolor - Every Thursday (10:00 a.m. – 12:00 p.m.)** \$60.00 per 6 week session. Diana Evans, Instructor
- **Beginning Oil Painting – Every Wednesday (9:00 a.m. – 12:00 p.m.)** \$5.00 per hour. **NO CHARGE for SUPPLIES** for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register
- **Zumba Gold - Every Fri. (8:30 a.m. – 9:15 a.m.)** Cyndi Prudhomme, Instructor - \$30.00 per session or \$5.00 per class drop in fee
- **Keyboard /Guitar Lessons Every Friday (12:00 p.m. – 1:00 p.m.)** \$5.00 per week taught by Quinn Parsley of Mike Elzey's Guitar Studio
- **Spanish Fun Conversation Class - Every Friday (1:00 p.m. – 2:00 p.m.)** \$5.00 per week taught by Roberto Padron

**OTHER PROGRAMS:**

- **Mahjong** – Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome – 1<sup>st</sup> Friday of each month is designated as "New Players Day". Come and learn!
- **Diabetic Support Group** – Every 2<sup>nd</sup> Monday 5:30 p.m. Contact Doris Allen, BSN,RN,CDE Univ. of MD Center for Diabetes & Endocrinology 410-822-1000 X5195
- **Contract Bridge** – Every Tuesday 10:00 a.m. in Exercise Room #2 - Free Instruction for Beginners with advance notice
- **Pinochle** – Every Tuesday 12:30 p.m. in the Game Room – Willing to teach Beginners at any time
- **Shore Line Dancing** – Every Tuesday 7:00 p.m. – 9:00 p.m. FEE Applies, 1<sup>st</sup> time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-820-7176
- **Video (Wii) Bowling** - Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team! (2<sup>nd</sup> Wednesday at Park View 1PM)
- **Blood Pressure Screening** – 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of each month at 10:00 a.m.
- **Elder Law Clinic** – Every 4<sup>th</sup> Thursday 10:00 a.m. – 1:00 p.m. **BY APPOINTMENT ONLY** Contact Mid-Shore Pro-Bono at 410-690-8128
- **Canasta** – Every Thursday 11:00 a.m. in the Upstairs Lobby – *Currently for those who already know how to play.* Beginners instruction 1<sup>st</sup> Wednesday of each month from 12:00 p.m. – 3:00 p.m. – Advance notice requested for instruction
- **Poetry at Noon** – Every Friday in the Conference Room